



COURSE COMPARISON CHART

A First aid course from St John Training provides you with the essential skills you need in order to be the difference between life and death.

This chart compares the training you will receive on our Emergency first aid course (1 day) and our comprehensive First aid course (3 day).

CONTENT	FIRST AID (3 days – 19hrs)	EMERGENCY FIRST AID (1 day – 7 hrs)
The role of the first aider	●	●
Communication and casualty care	●	●
Basic defibrillator demonstration	●	●
Bleeding	●	●
Choking	●	●
Burns and scalds	●	●
Eye injuries	●	●
Resuscitation (CPR)	●	●
Seizures	●	●
Shock	●	●
Treatment of an unresponsive casualty	●	●
Allergic reaction	●	
Asthma	●	
Bone, muscle and joint injuries	●	
Chest pains	●	
Fainting	●	
Head injuries	●	
Low blood sugar	●	
Poisoning	●	
Spinal injuries	●	
Stroke	●	

More info, please visit stjohnmalta.org/training or call us on 7924 5740.